

SOME HELPS WITH "BOOGIE BLUES"

1. *Advanced shoulder spin*

Right handshake/ROLD

Rock apt, rec - 4 triples to end 1/2 OP/LOD

Rock bk, rec - 4 triples to end Right handshake/LOD

Man: rock, rec, (Woman turns)

1st half of
figure

triple turning $\pm 1/4$ RF to tandem DRC (woman in front)
triple turning $\pm 1/4$ RF to face DLC & ptr (touch trail hands)
triple turning $\pm 1/8$ RF to tandem LOD (woman in front)
triple in place (no turn) to end 1/2 OP/LOD

2nd half of
figure

rk, rec (Man turns)
triple turning $\pm 1/2$ RF to tandem DRC (man in front)
triple turning $\pm 1/2$ LF to face ptr (touch trail hands)
triple turning $\pm 1/2$ RF to tandem DRC (man in front)
triple turning $\pm 1 1/2$ LF {optional: turn 1/2} to end LOD / right handshake

Woman: rock, rec, (Woman turns)

1st half of
figure

triple turning $\pm 1/4$ LF to tandem DRC (woman in front)
triple turning $\pm 1/4$ RF to face DRW & ptr (touch trail hands)
triple turning $\pm 1/2$ LF to tandem LOD (woman in front)
triple turning 1 full turn RF to end 1/2 OP/LOD

2nd half of
figure

rk, rec (Man turns)
triple turning $\pm 1/4$ LF to tandem DRC (man in front)
triple in place (no turn) face ptr (touch trail hands)
triple in place (no turn) to tandem DRC (man in front)
triple in place (no turn) to end LOD / right handshake

2. *Change left to right into chasse rolls*

LOF/RLOD

Rock, rec, triple (start of normal L to R) - W turning LF to end

Man facing COH & W facing wall with RHs touching.

side chasse, **both** roll RF in 2 (M face wall / W face COH - touch L hands)

side chasse, **both** roll LF in 2 (M face COH / W face wall - touch R hands)

triple to face (M face LOD / W face RLOD) end in R handshake

3. *M across - W across*

R handshake; "L position" M facing LOD, W facing about COH

timing: 1,2, 1-2-3, 1,2, 1-2-3 (like a stop & go or a whip turn)

rk apt (bk), rec turn RF 1 1/4 (in 1 triple) (W turn in place 1/4 RF) end M face COH -
W face LOD

rk apt (bk), rec **join lead hands**, turn 1/4 RF in place (in 1 triple) (W turn 1 1/4 RF)
end loose CP, M face LOD - W face COH

NOTE: both times you rock back

4. *rock, slide & explode*

starts in CP (which you release from very quickly and go to lead hands joined)

M facing LOD

MAN:

rock apart left, recover right (2 counts so far - but these are counts "3 & 4")

explode (to face RLOD): forward left (a long step starting to pass you partner right shoulders)

turning right face 1/2 / point right foot back (the first step is 1/2 count - the second step is 1/2 count for a total of 1 count - the counting here is "and/1") HOLD for 3 more counts (theres are counts "2,3,4") **On the last part of count "4"**, replace your weight onto your right foot to begin the "explode" again.

explode (to face LOD): forward left (a long step starting to pass your partner right shoulders) turning right face 1/2 / step side with right foot (the first step is 1/2 count - the second step is 1/2 count for a total of 1 count - the counting here is "and/1") HOLD for 3 more counts (these are counts "2,3,4")

The other option is just to try and find it in the music !! 😊

(Now you can start with the 6 quick chicken walks.)

WOMAN:

rock apart right, recover left

(2 counts so far - but these are counts "3 & 4")

explode (Woman to face LOD): forward right (a long step starting to pass your partner right shoulders) turning right face 1/2 / close L keepint knees "soft" (the first step is 1/2 count - the second step is 1/2 count for a total of 1 count - the counting here is "and/1") HOLD for 3 more counts (these are counts "2,3,4")

explode (Woman to face RLOD): repeat above

5. *Savoy*

start both facing wall, man behind and to the left of woman, both left foot free

Kick L forward, close L to R, kick R forward, **touch** R to L;

point R back, step (R)/kick (L), lift left leg up, point L foot back;