

INTRO

Measure

- 7 **Ronde & slip back**
Man - ronde left foot CCW (tegen de klok in)
stand on left foot
slip right foot back
stand on right foot (stand on it)
- Woman - ronde right foot CW (met de klok mee)
stand on right foot
slip left foot back (stand on it)
- 8 **Roll** - both roll to LOD (M - left face / W - right face)
- 13 **PU - she aerial ronde - she close**
Man - 1 step thru (R) turn to CP/LOD (tch L)
Woman - step thru L, ronde R CW up and around turning to CP, close R
- 14 **Opposition points** - both lower on right, point left, woman closes

PART A

- 3/4 **Outside spin and pivot** - in total $\pm 2 \frac{1}{2}$ turns !!
Outside spin starts in Bjo/DRC, ends CP/LOD
Pivot ends SCP/DLC
- 5 **Flat whisk / woman develope**
Both flat whisk (cross behind)
Woman turns left face and "developes" with left foot
- 6 **Link** - 2 steps with action (turning to Scp) inbetween the steps
Both step fwd (not too big), turn to Scp, step fwd to Scp/DLC
Ends with trail foot free
- 8 **Reverse fallaway & slip** (timing 1, 2&, 3) Ends CP/DLC
Forward L, side & back R to ScpDRW/back L, slip R back (small step) to CP/DLC
(Woman's last step is forward L)
- 11 **Opposition points**
Both recover onto right turning to CP/WALL, lower on right extending left
Note: Opposition points - both time with left foot.
 First time, womans closes
 Second time, man closes
- 12 **Transition**
Man rise & close, Woman rise & touch (at end of transition both have trail foot free)
- 13 **Right lunge, roll & slip**
Man - as you lower on left leg (supporting foot) lunge with right to the side, recover on L turning
body right fact, slip back R to end CP/DLC (Woman opposite)

23 **Outside spin** - end DLW

25/26 **Trans to same foot lunge**

Transition ends facing COH - Man back L and touch, Woman forward R and close
Same foot lunge - Man lower & extend, Woman cross right behind & extend

PART B

1/2 **Double reverse spin 2x** - first end CP/DLC, second end CP/LOD

3 **Fallaway ronde**

Fallaway ronde - Man - fwd L turning left face, side & back R to SCP/RLOD, ronde L CCW
Fallaway ronde - Woman - back R turning left face, side & back L to SCP/RLOD, ronde R CW

4 **Chasse to Left open**

Man - back L turning right face, to left open (W on inside) chasse R/L, R
Woman - back R turning left face to left open, chasse L/R/, L

5 **Twirl to Banjo**

Man - **back L**, rec R, **small** fwd L
Woman - twirl RF under joint hands - R,L,R, making 1 1/2 turns

15-17 **Double telespin** (note: a normal telespin is the first 2 measures of this figure, but ends in CP/RLOD)
"think telemark" for the first 2 steps

Man - 1) forward L, side R, side and back L **no weight** turning to face wall
2) take weight onto L, side R to face RLOD, side & back L to \pm LOD **no weight**
3) repeat no. 2, ending in SCP/LOD **ready to go right into the throwaway oversway !!**

Woman - 1) back R, heel turn L, side & forward R
2) (timing now & 1, 2, 3) moving in tight circle around man, fwd L/R, close L for toe spin, fwd R
3) repeat no. 2, ending in SCP/LOD **ready to go right into the throwaway oversway !!**

18 **Throwaway oversway**

Man take weight & extend, Woman extend
M - take weight onto L, turn body left face to CP almost LOD & lower, extend right foot bk RLOD
W - turning to face man, extend left foot back LOD, keep head to left

19 **Link** - Man 2 steps, Woman 3 steps

Man - turn body & woman right face, close right turning to SCP, fwd L to DLC
Woman - recover right turning towards man, close left turning to SCP, fwd R to DLC

20 **Double telemark ending** (timing: 1, 2&, 3) ends DLW

Man - thru, telemark
Woman - thru L, trng left face back R reaching on the toe, close L (toe spin), side & fwd R

21 **Running natural telemark** (a "normal" **natural** telemark starts in CP/DLW with trail foot, you do the "same footwork" as a telemark but make a right face turn instead of a left face turn and end SCAR/DLC)

Man - turning RF - thru R, side L/side & fwd R, fwd L to SCAR/LOD
Woman - thru L, fwd R turning RF/side & back L, back R (since you start in SCP you don't have as much of a turn as if you started in CP)

24 **Spin & twist** - ends CP/DLW

31 **Progressive wing**

Man - thru R, side & fwd L, **cross right in back**
Woman - same footwork as normal wing - **make sure your last step is forward, NOT a close**