

SEPTEMBER FOXTROT



CHOREOGRAPHERS: WAYNE & DONNA SLOTSVE (402)496-3270
11324 Raleigh Drive, Omaha, NE 68164
RECORD: Special Pressing-NC-106-1A
FOOTWORK: Opposite unless otherwise noted.
SEQUENCE: INTRO AA BA CA END

RHYTHM: FOXTROT
PHASE: IV+1
DATE: 9/90

INTRO

1-4 WAIT;; SWAY L & R; ROLL 4 TO CP/DLW;

1-2 Wait 2 meas in LOP/WALL 4 feet apt arms to sides;;
3-4 Leading with left elbow sway L,-,with right elbow sway R,-;
Roll LOD L,R,L,R to CP/DLW;

PART A

1-8 HOVER; CHAIR & REC; PROM WEAVE;; 3-STP; NAT TRN; CL IMP;
FEATHER FIN;

1-2 (Hover) Fwd L DLW,-,sd R rise allowing L to brush,sd & fwd
L DLC/SCP; (Chair & Rec) Ck thru R flex knee with fwd poise (W
ck thru L bkwd poise),-,leaving R in place with toe contact to
floor rec L both with bkwd poise,-;
3-4 (Prom Weave) Fwd R,-,fwd L trng LF to CP,sd & slightly bk R
C/BJO DLC; Bk L retain Pos,bk R trng LF to CP,sd & slightly fwd
L,fwd R C/BJO DLW;
5-6 (3-Step) Fwd L blend to CP,-,fwd R heel to toe,fwd L toe
heel but with flexed left knee; (1/2 Nat Trn) Fwd R trng RF,-,
sd L toe (W heel trn) note: M's sd must not overstp W, bk R
CP/RLDD;
7-8 (Cl Imp) Bk L comm RF heel trn,-,chg wgt to R cont RF trn,
sd & bk L CP/DLW maintain left sd stretch (W fwd R heel toe,-,
sd L & square to M trng RF leading his heel trn,brushing R to L
fwd R); (Feather Fin) Bk R trn LF,-,sd & fwd L,fwd R C/BJO DLC;

REPEAT A

PART B

1-8 TELEMARK SCP; CURVED FEATHER; BK FEATHER; BK 3-STP; NEST CHG; BK
WHISK; PROM WEAVE;;

1-2 (Telemark SCP) Fwd L comm LF trn,-,sd R cont trn (W heel
trn),sd & slightly fwd L SCP/DLW; (Curved Feather) Fwd R comm
RF trn,-,fwd L DW,svl RF on L fwd R left stretch C/BJO DRW (W
fwd L comm slight LF trn,-,sd R,svl LF on R bk L);
3-4 (Bk Feather) Bk L to no stretch,-,bk R comm right stretch,
bk L full right stretch C/BJO DRW; (Bk 3-Step) Bk R blending to
CP no stretch,-,bk L comm left stretch,bk R full left stretch;
5-6 (Nest Chg) Bk L slight trn RF release left sd stretch,-,bk
& sd R comm RF trn no rise toe pointed DLC left leg stationary
with toe contact to floor full right stretch,-; (Bk Whisk)
flexing right knee maintain right stretch & placing L under
body in whisk pos,-,with no chg of wgt chg to left stretch,-;
7-8 (Prom Weave) Fwd R DRC releasing left stretch (W fwd L),-,
trng W square fwd L comm LF trn(W sd & bk R),comm right stretch
bk R; Rpt meas 4 Part A;

REPEAT A

PART C

1-8 REV WAVE;; OPEN IMP; OPEN NAT; OUTSIDE CHG SCP; THRU SD BEH;
ROLL 3; CHAIR & SLIP;

1-2 (Rev Wave) Fwd L comm LF trn,-,small sd R cont trn to fc COH/slightDRC (W bk R comm LF trn,-,cl L to R heel trn),bk R; Bk L comm slight curve,-,bk R cont curve,bk L CP/RL0D; Note: maintain CP throughout figure.
3-4 (Open Imp) Bk L,-,cl R to L heel trn,fwd L SCP right sd stretch (W fwd R,-,sd & fwd L leading M to heel trn RF trn brush R to L,fwd R); (Open Nat) Fwd R comm RF trn heel toe,-, fwd & sd L toe left shoulder leading,bk R toe heel right sd stretch (W fwd L,-,fwd R,L) C/BJO DRW;
5-6 (Outside Chg Scp) Bk L maintain right stretch,-,bk R CP comm LF trn,sd & fwd L SCP/DLW (W fwd R,-,fwd L CP,fwd R SCP); (Thru Sd Beh) Thru R,-,sd L releasing trailing hnds,XRIB of L releasing lead hnds (W XLIF of R);
7-8 (Roll 3) Crossing hnds at chest and extending arms during meas roll LOD L,-,R,L to SCP; (Chair & Slip) Ck thru R with flexed knee fwd poise (W ck thru L bkwd poise),-,rec L,small bk R toes CP/DLW;

REPEAT A

END

1-5 HOVER; CHAIR & REC; ROLL 3 RLOD; THRU/FLAIR,-,THRU,-; SD PROM SWAY,-,CHG SWAY;

1-2 (Hover) Rpt meas 1 Part A; (Chair & Rec) Rpt meas 2 Part A but both with bkwd poise; Note: Music slows
3-4 (Roll 3 RLOD) Releasing hnd hold roll RLOD R,-,L,R; (Thru/Flair,-,Thru,-) Thru RLOD L holding lead hnds/flair R foot around and between ptrs,-,stp thru R to SCP/LOD;
5 (Sd Prom Sway,-,Chg Sway) Sd & fwd L flex left knee leave right leg extended right sd stretch,-,chg to left sd stretch maintaining parallel shoulders by lowering right hip,-;