

## MY HOLEY LIFE

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**ARTIST:** Kathy Mathea **RHYTHM:** Jive/West Coast Swing **PHASE:** V

**FOOTWORK:** Opposite unless stated (directions for woman given in ( ) - most written at end of figures regardless of # of meas. needed & without measure notation)

**SEQUENCE:** INTRO, A,B, Inter 1, A,B, Inter 2, A,B, End

**NOTE:** the "coaster step" at the end of figures is danced as follows: man - cross R in back of L/sd L, sd R as in a "sailor shuffle" - woman - back L/cl R, fwd L as in a "back hitch 3"; you may also use an anchor step instead of the coaster step (for both dancers the figure starts with the trail foot and is in place, step, step. The figure is like a triple in place with the last step of the triple becoming a small back step)

### INTRO

#### 1-8 Opn-fcg/wall wait;; APT, ACK, TOG, TCH; SD, TCH, SD CHASSE; RT TRNG

##### FALLAWAY 2X;;; RK, REC, KICK/BALL CHANGE;

- 1-2 In Opn-fcg/wall ld ft free wait 2 meas;;
- 3-4 apt L, pt R twd ptr, tog R to CP/wall, tch L to R; sd L, tch R to L, sd R/cl L, sd R;
- 5-7 trng to SCP rk bk L, rec R to CP, trng RF chasse sd L/cl R, sd L; sd R/cl L, sd R to CP/COH, repeat from meas 5 to end CP/Wall;;
- 8 trng to SCP rk bk L, rec R, kick L fwd/step in place L,R;

### PART A

#### 1-8 2 FWD TRIPLES; SWIVEL 4; CHANGE R TO L; AMERICAN SPIN - STOP & GO - LINK RK;;;;

- 1-2 fwd L/R, L, R/L, R; walk fwd L, R, L, R (W swivel fwd);
- 3 chasse sd L/R, L lead W to trn RF under jnd lead hnds, chasse sd & fwd R/L, R lead W to complete trn to end LO fcg/LOD; (W chasse sd trng RF on last step, chasse sd & bk)
- 4-8 (Am Spin) rk apt L, rec R, chasse sd L/R, L bracing W so she can spin RF on last step of chasse (W chasse sd & fwd R/L, R spinning RF 1 full trn on last step); chasse sd R/L, R, (stop & go) rk apt L, rec R; chasse fwd L/R, L, rk fwd R, rec L (wrap W in LF as W chasses fwd - man places his R hand on W's L shoulder blade at end of chasse); chasse bk R/L, R to end LO fcg/LOD, (W chasse fwd R/L, R trng LF, wrap to M's R sd - rk bk L, rec R - chasse fwd L/R, L trng RF) (link rk) rk apt L, rec R; chasse tog L/R, L, sd R/L, R trng RF to end CP/wall;

### PART B

#### 1-8 RK, REC, THROWOUT - TUCK & SPIN;;; UNDERARM TURN - SUGAR PUSH;;; WRAPPED WHIP;;

- 1-3 (rk, rec, throwout) trng to SCP/LOD rk bk L, rec R, chasse sd & fwd L/R, L to end LO fcg/LOD; coaster step (W chasse sd trng LF to face ptr - coaster step) (tuck & spin) bk L, R; tch L to R, fwd L, coaster step end LO fcg/LOD; (W fwd R, L, tch R to L, bk R spin RF 1 full trn - coaster step)
- 4-6 (underarm turn) bk L trng RF raise jnd ld hnds to trn W, fwd R trn RF, fwd L/R, L; coaster step to end LO fcg/RLOD (W fwd R, L passing on M's R side, under jnd ld hnds fwd R/L R trng LF - coaster step) (sugar push) bk L, R; tch L to R, fwd L, coaster step to end LO fcg/RLOD;
- 7-8 (wrapped whip) bk L trng RF & taking double hh, fwd R cont trn bring lead hnds over W's head to wrap - now both fcg LOD, sd L/cl R, sd L; XRIB trng 1/2 RF, sd L drop trail hnds, coaster step end LO fcg/RLOD; (W fwd R, L [now in frt of M in wrapped pos], fwd R/cl L, bk R - bk L, R, coaster step - W does not change facing direction during this figure)

**INTER 1**

**1-3 TOG 2 & 2 RF TURNING TRIPLES - RK, REC, KICK/BALL CHANGE 2X;;;**

- 1-3 (tog 2 & 2 RF trng triples) tog L, R, trng to CP & trng RF chasse L/R, L; R/L, R to end CP/wall, (rk, rec, kick/ball change 2x) trng to SCP rk bk L, rec R; kick L fwd, step in place L/R, kick L fwd, step in place L/R;

**INTER 2**

**1-7 UNDERARM TURN WITH A TRIPLE TRAVEL/ROLL - TOG 2 & LINK;;;;; RK, REC, KICK/BALL CHANGE;**

- 1-6 (underarm turn with a triple travel with roll) bk L trng RF raise jnd ld hnds to trn W, fwd R cont trn, chasse sd & fwd L/R, L trng to fcg COH in a R hnd star; sd chasse R/L, R, push lightly with R hnds roll 1 1/2 RF L, R to face wall L hnd star; sd chasse L/R, L trn 1/2 LF chg to R hnd star, sd chasse R/L, R trn 1/2 RF chg to L hnd star; sd chasse L/R, L, push lightly with L hnds roll 1 1/4 LF R, L join lead hnds; coaster step end LO fcg/LOD (W fwd R, L twd LOD pass on M's R sd, fwd R/L, R trng under jnd hnds 3/4 LF on last step to face wall in R hnd star - follow M's directions ftwk opp, rolls in same direction) (tog 2 & link) tog L, R; chasse sd L/R, L, and R/L, R trng RF to end CP/wall;
- 7 (rk, rec, kick/ball change) repeat meas 8 of INTRO;

**END**

**1-11 TUCK & SPIN - UNDERARM TURN WITH A TRIPLE TRAVEL/ROLL;;;;; LEFT SIDE PASS - WRAPPED WHIP - SUGAR PUSH;;;;;**

- 1-6 (tuck & spin) repeat "tuck & spin" from "Part B" to end LO fcg/RLOD (underarm turn with a triple travel with roll) repeat "underarm turn with a triple travel with roll" from "Inter 2" to end LO fcg/LOD;;;;;
- 7-11 (left side pass) bk L trng LF raise jnd ld hnds to trn W, cl R to L trng LF, fwd L/cl R, fwd L; coaster step to end LO fcg/RLOD (W fwd R, L passing on M's L side, under jnd ld hnds fwd R/L, R trng 1/2 LF - coaster step) (wrapped whip) repeat "wrapped whip" from "Part B" to end LO fcg/RLOD (sugar push) repeat "sugar push" from "Part B" to end LO fcg/RLOD;;;;;

**12-20 TOG 2 & 2 RF TURNING TRIPLES - CHASSE ROLLS 2X - RK, REC, THROWOUT;;;;; SUGAR WRAP, PT & HOLD;;**

- 12-18 (tog 2 & 2 RF trng triples) tog L, R, trng to CP & trng RF chasse L/R, L; R/L, R to end CP/wall (chasse rolls 2x) trng to SCP/LOD rk bk L, rec R; twds LOD no hnds jnd chasse sd L/R, L trng 1/2 RF to bk-to-bk pos, chasse sd R/L, R trng 1/2 RF to fc ptr; chasse sd L/R, L trng RF to end L half-open pos/fcg RLOD, both rk bk R, rec L; twds RLOD chasse R/L, R trng 1/2 LF to bk-to-bk pos, chasse sd L/R, L trng 1/2 LF to fc ptr; chasse sd R/L, R to end SCP/LOD (rk, rec, throwout) repeat "rk, rec, throwout" from "Part B" to end LO fcg/LOD;;
- 19-20 (sugar wrap, pt & hold) bk L, R, tch L to R, small step fwd L wrapping W in LF to M's R side; bk R/cl L to R, fwd R, pt L twds COH looking at ptr & hold till music fades, -; (W fwd R, L, tch R to L, small step fwd R trng LF & wrapping to M's R side - coaster step - pt R twds wall looking at ptr & hold till music fades)